



# INFO BULLETIN

## MARCH 2019










# GO GREEN



# DURING MARCH

Due to the high number of frames received & the limited space available at the Brightsight premises, we request that the following steps be followed prior to sending frames to Lions Operation Brightsight for recycling.

Frames should be sorted by:-

-  Carefully removing and discarding the lenses - these cannot be used.
-  Discard any broken frames and those that have missing parts.
-  Separate metal frames from plastic frames.
-  Clean the frames with a soft, damp cloth.
-  Sunglasses can not be recycled through LOB. However, these can be used for club projects to hand out to people at high risk of developing cataracts from working in sunlight eg Car Guards.
-  The facility is currently overstocked with glass cases so clubs are requested not to send these until further notice.
-  Be creative with how your club disposes of lenses; broken frames and cases. Pinterest has some good ideas.

## What is Glaucoma?



## World Glaucoma Week

March 10-16, 2019

A group of eye conditions that can cause blindness. Treatment can help, but this condition can't be cured. Requires a medical diagnosis. Lab tests or imaging often required  
With all types of glaucoma, the nerve connecting the eye to the brain is damaged, usually due to high eye pressure.

The most common type of glaucoma (open-angle glaucoma) often has no symptoms other than slow vision loss. Angle-closure glaucoma, although rare, is a medical emergency and its symptoms include eye pain with nausea and sudden visual disturbance. Treatment includes eye drops, medication and surgery.  
Source : Mayo Clinic

**GREEN =**  
**Go get your**  
**eyes tested for**  
**Glaucoma**  
**Save Your Sight!**